



Jeremy Linn Olympic Gold and Silver Medalist returns to PA

Central Pennsylvania's own Olympic gold and silver medalist, Jeremy Linn has returned to the Harrisburg area to help promote local swimming. Through motivational speaking and swimming clinics, Jeremy shares his experiences and opportunities that were made available to him from his competitive swimming life. Jeremy also brings a tailor made program that focuses around Jeremy's keys to success and a swimming philosophy that brought him to the top of the swimming world.

In his four years at the University of Tennessee, Jeremy Linn fulfilled every dream an athlete could have. Jeremy established records, won both team and individual championships and carried the name of Tennessee swimming into international competition. Linn was crowned SEC Champion six times as an individual in addition to leading five relay squads to first place finishes. A three-time SEC Swimmer of the Year, he became only the third swimmer to win the same event, the 100-yard breaststroke, for four consecutive years at the SEC Championships. The crowning accomplishment of Linn's SEC dominance, however, is helping the Volunteers claim the 1996 SEC team title.

On the NCAA Championship stage, Linn was no less spectacular. The lanky Pennsylvanian won individual national titles a total of four times. Linn became the first Vol to claim two individual titles (100 & 200 Breastroke) at a single NCAA meet since Andy Coan in 1979. Jeremy still holds the American record in the 100 yard breaststroke at 51.86. All told, Linn won 17 All-America honors in his four years at UT.

Outside the scope of collegiate competition, Linn has proven himself to be one of the top breaststroke swimmers in the world. He spent from 1995 to 1999 on the US National team. At the 1996 Olympics in Atlanta, Linn won the silver medal in the 100-meter breaststroke, establishing an American record. Linn also played a vital role on America's gold medal winning 400-meter medley relay that bested an eight-year-old world record by two seconds. Linn followed his 1996 Olympic effort with a gold medal performance in the 100-meter breaststroke at the 1997 U.S. Open Championships, and silver in the 400 Medley relay at the 1998 World Championships in Perth Australia.

[Contact Jeremy](#) as soon a possible to schedule a clinic. [Phone \(305\) 610-0404](tel:3056100404) or e-mail jpl5186@hotmail.com Availability for summer slots is limited. Each three hour clinic is tailor made for each program. Private lessons will also be available with Jeremy as time permits. Clinic cost is \$10 per person. Jeremy's availability this summer is limited to certain dates, so it is imperative that you sign up soon.